



ABOUT VMCH

Villa Maria Catholic Homes is committed to working in partnership with people of all ages and abilities to help them achieve their individual goals and dreams, remain connected to their communities and enjoy their independence.

As an agency of the Catholic Archdiocese of Melbourne, our values including respect, compassion and inclusion guide us to deliver the highest quality services to individuals of all faiths and backgrounds.

We are a Catholic, not-for-profit organisation providing residential aged care, affordable housing options, retirement living, senior support, disability, carer and education services to more than 7,000 people across Victoria and southern New South Wales.

vmch.com.au



HOME CARE PACKAGES HELPING YOU STAY AT HOME, INDEPENDENT AND ACTIVE

Villa Maria Catholic Homes

Looking for more support?
VMCH offers a wide range of services to help you remain living independently at home and active within your community.

**CALL OUR FRIENDLY VMCH
TEAM ON 1300 650 615
TO FIND OUT MORE**

E: communitycare@vmch.com.au
W: vmch.com.au

Join the conversation



*Supported by the Australian Government
Department of Social Services. Visit the
Department of Social Services website
www.dss.gov.au for more information.





WHAT IS A HOME CARE PACKAGE?

A VMCH Home Care Package* is designed to help you live in your own home for as long as possible.

As you age, your health or circumstances can change and you may find home activities and personal care more difficult, or you may find it hard to connect with friends or family.

A VMCH Home Care Package is a suite of support services, funded by the Australian Government, which can help you maintain your independence and stay healthy and active while living at home. Each Home Care Package is tailored to meet your individual needs and lifestyle: the choice is entirely in your hands.

You can contact My Aged Care (an Australian Government website) on 1800 200 422 or visit www.myagedcare.gov.au to learn more about Home Care Packages.

HOW CAN A HOME CARE PACKAGE HELP?

- Personal care assistance including showering and dressing
- Domestic assistance including laundry, cleaning and meals preparation
- Nursing support
- Personal alarm support
- Service Coordination
- Access to allied health services such as massage and podiatry
- In-home respite
- Transport to appointments or shopping
- Support to access social or recreational activities
- Garden and home maintenance
- Referrals to other services in the community



AM I ELIGIBLE FOR A HOME CARE PACKAGE?

You are eligible for a Home Care Package if:

- You are an older person who needs some support to remain living in your own home
- You now find aspects of living at home challenging, but are still able to manage most of the time

To be eligible for a Home Care Package, a person must be assessed by an Aged Care Assessment Service (ACAS).

All VMCH Home Care Packages support people from culturally and linguistically diverse backgrounds (CALD).



WHAT TYPES OF PACKAGES ARE AVAILABLE?

VMCH provides Home Care Packages across Victoria and in the New South Wales Riverina region. Where you live will determine what level Home Care Package is provided in your area (i.e. Level 2, 3 or 4).

Contact our team on 1300 650 615. We will be able to advise you which Home Care Packages are provided in your area, and whether we have any vacancies.

HOW DO I ACCESS A HOME CARE PACKAGE?

Your eligibility for a Home Care Package is determined by the Aged Care Assessment Service (ACAS) in your local area.

This assessment is free and conducted in your home by experienced professionals. They will discuss what is important to you to help you to continue living at home.

To request an assessment, phone My Aged Care on 1800 200 422, or your doctor or health professional can refer you.

Alternately, you can speak with a VMCH Access and Allocation Officer who can assist you through this process. Simply call 1300 650 615.