# July School Holiday program



Dear Families,

Thank you for expressing an interest in attending the VMCH School Holiday Program for July School holidays. We are excited to offer you a variety of programs suited to individual goals and outcomes during the school holidays. On the other side of the page is a list of the programs that you can choose from. Please discuss with staff if pickup or drop off to your home is needed or your child would require 1:1 supports this is an option for all NDIS participants. Please ensure you sign your child in and out of program every Morning and Afternoon.

Town	Location	Pickup	Dropoff
Wangaratta	Enter via Baker Street, Wangaratta	8:30AM	3PM

### Why is there a fee for activities?

We are required to charge a minimal contribution fee to families. These out-of-pocket cost help with expenses including entry fees, activity supplies and all the extra sparkle in programs that is not covered by the NDIS. If you are experiencing financial hardship, please contact us.

### What does my child need to bring?

- A cut lunch, snacks and drink bottle (labelled) for each day.
- Suitable outdoor clothing for park plays including wet weather and snow day (jackets).
- Appropriate shoes for walking and sports play.
- Any assisted technology equipment (mobility, communication, technology etc) that your child requires.

Cost Per Day					
1 Day	\$10	6 Days	\$60		
2 Days	\$20	7 Days	\$70		
3 Days	\$20	8 Days	\$80		
4 Days	\$40	9 Days	\$90		
5 Days	\$50	10 Days	\$100		
Camp \$40 per night					

Please choose which days you want to come along to and return this form by Wednesday 2 July 2025

#### **Medication Requirements**

- Medication Authority form this is required IF your child takes medications and will require VMCH to administer whilst at program or camp.
- Webster pack or original packaging with pharmacy label with name, dose and administration
- · instructions that coincide with the medication form
- Medications MUST be provided to staff upon arrival to program.

## Why is there a Group 1 and Group 2?

We've recently introduced a new additional activity (Group 2) on most days within our school holiday program, specifically designed for older participants aged 14 and above. Participation in this group is entirely optional! All 14+ Kids are welcome to join this activity or continue with the Group 1 completely personal preference! (Numbers permitting if Group 2 goes ahead.)

Please note: This is an expression of interest form and is subject to availability. Confirmation of attendance each day will be given prior to the beginning of the holidays.

If you require further information or have any questions, please do not hesitate to contact our team.

We look forward to seeing you there!

Kind regards, Bella Jarvis

Email: bella.jarvis@vmch.com.au
Please Add (School Holiday Program) in the subject line.

Week 1	Activity	Goals and outcomes	Please tick
Monday 7/7/25	GROUP 1  BBQ and scavenger hunt at the magic forest Beechworth  GROUP 2 14+  Beechworth Gaol (Numbers permitted)	<ul> <li>Goals:</li> <li>Encourage teamwork and problem-solving through scavenger hunt.</li> <li>Build confidence in outdoor settings.</li> <li>Foster social interaction and peer connections.</li> <li>Outcomes:</li> <li>Participants develop navigation and critical thinking skills.</li> <li>Increased engagement in group activities.</li> <li>Positive interactions and shared experiences.</li> </ul>	
Tuesday 8/7/25	Joint Activity Bounce Wodonga	<ul> <li>Goals:</li> <li>Promote physical activity and gross motor development.</li> <li>Build confidence in trying new activities.</li> <li>Outcomes:</li> <li>Improved fitness and motor skills.</li> <li>Positive attitudes toward active play.</li> </ul>	
Wednesday 9/7/25	GROUP 1 Echuca Animal Feed Billabong Ranch GROUP 2 14+ Echuca Billabong Ranch peddle boating	<ul> <li>Goals:</li> <li>Foster empathy and care for animals.</li> <li>Build confidence in engaging with farm environments.</li> <li>Outcomes:</li> <li>Participants demonstrate understanding of animal care.</li> <li>Increased willingness to try new activities.</li> </ul>	
Thursday 10/7/25	GROUP 1 Mansfield Zoo GROUP 2 14+ Mansfield Mini Golf (Numbers Permitted)	<ul> <li>Goals:</li> <li>Expand knowledge of different animal species and habitats.</li> <li>Foster curiosity about wildlife conservation.</li> <li>Outcomes:</li> <li>Participants recall new facts about animals.</li> <li>Increased interest in protecting wildlife.</li> </ul>	
CAMP 10/7 - 11/7	Mansfield CAMP	<ul> <li>Goals:</li> <li>Develop independence build self-reliance through managing personal belongings and participating in camp's task.</li> </ul>	
Friday 10/7/25	GROUP 1 Benalla Pool Swim Day GROUP 2 14+ Science Day at program (Numbers permitted)	<ul> <li>Goals:</li> <li>Improve water confidence and safety awareness.</li> <li>Encourage enjoyment of water-based activities.</li> <li>Outcomes:</li> <li>Participants demonstrate safe swimming practices.</li> <li>Positive engagement in physical activity.</li> </ul>	



Week 2	Activity	Goals and outcomes	Please tick
Monday 14/7/25	Joint Activity Wodonga Bowling	<ul> <li>Goals:</li> <li>Promote teamwork and friendly competition.</li> <li>Outcomes:</li> <li>Improved bowling technique and</li> <li>engagement in group activities.</li> </ul>	
Tuesday 15/7/25	GROUP 1 Create your own candles and soaps (Wangaratta)  GROUP 2 14+	<ul> <li>Goals:</li> <li>Develop fine motor skills through crafting.</li> <li>Outcomes:</li> <li>Participants create a unique candle or soap product.</li> </ul>	
Wednesday 16/7/25	Wangaratta Driving Range  Joint Activity  Aqua Moves Shepparton	<ul> <li>Goals:</li> <li>Promote water safety awareness.</li> <li>Encourage physical fitness through aquatic activities.</li> <li>Outcomes:</li> <li>Participants engage in safe water play.</li> </ul>	
Thursday 17/7/25	Joint Activity Snow Day at Mount Buffalo	<ul> <li>Goals:</li> <li>Foster resilience in challenging and cold-weather environments.</li> <li>Outcomes:</li> <li>Participants experience a new outdoor environment.</li> </ul>	
CAMP 17/7 - 18/7	Porepunkah camp	<ul> <li>Goals:</li> <li>Foster Independence: Encourage participants to manage their own belongings, follow camp routines, and take responsibility for their needs.</li> </ul>	
Friday 18/7/25	Joint Activity Harrietville Trout Farm	<ul> <li>Goals:</li> <li>Encourage learning about sustainable fishing practices.</li> <li>Outcomes:</li> <li>Participants understand basic fishing techniques.</li> </ul>	

