

Home Care Connection

Newsletter

February 2025

VMCH

Strength in self-advocacy

This past year has seen some great strides within our Consumer Advisory Groups across At-Home Aged Care, Residential Aged Care, Disability Services and Volunteering. These groups – including clients, residents, volunteers, family members, VMCH executive team members and staff – help inform our service delivery from a lived experience perspective.

Geoff Pearson is a member of our Cre8 Shed in Wangaratta and joined our Disability Consumer Advisory Group to represent the voices of his client peers and help create positive change.

“I want to make a difference, I want to help people,” says Geoff, who lives with Parkinson’s. “So far, I’ve found it very rewarding. It feels great to help people and provide my five cents’ worth.”



Daniel Carter, General Manager of Disability Services, says the group “plays a pivotal role in making sure any changes we make as an organisation are in the best interests of the people we support”.

To learn more about the Consumer Advisory Committees, including how they work, how to join, and the selection process for members, please visit: vmch.com.au/get-involved/vmch-consumer-advisory-committee or contact us by email at cosec@vmch.com.au.

Holiday reminders

With so many holidays this year, here’s a little reminder that some services may not be available on Public Holidays. Please check with your Case Manager if you are unsure or need help rescheduling services.

Services that will be available on Public Holidays:

- Personal care
- Meal preparation
- Respite in the home.

Services that will be unavailable on Public Holidays:

- Home care and domestic assistance services will resume on the next scheduled date
- Social support services*
- Shopping services*
- Transportation services*
- Nursing services.*

Public holidays 2025

Labour Day	Monday 10 March
Good Friday	Friday 18 April
Saturday before Easter Sunday	Saturday 19 April
Easter Sunday	Sunday 20 April
Easter Monday	Monday 21 April
ANZAC Day	Friday 25 April
King's Birthday	Monday 9 June
AFL Grand Final Eve	Friday before the AFL Grand Final
Melbourne Cup	Tuesday 4 November
Christmas Day	Thursday 25 December
Boxing Day	Friday 26 December

*Exemptions may apply – please check with your Case Manager





Looking to retire in style?

VMCH's newest retirement community, St. Clare, will offer a new standard of living for those aged over 55.

The \$250m precinct, designed by Woods Bagot Architects, occupies an enviable 1.4-hectare site in prestigious Studley Park, Kew and features 103 premium apartments with innovative architecture, expansive green spaces and breathtaking views.

St. Clare's design respects the site's unique past, with two historic mansions being restored to their former glory and repurposed into shared spaces, including a pool, wellness centre, gym, cinema, restaurant, bar and library.

Hacer, VMCH's contracted builder partner for St. Clare, has specialists working carefully to retain the historic features of these beautiful original buildings, giving them a second life.

Proceeds from the sale of St. Clare's luxury retirement residences will support VMCH's mission-based initiatives, including affordable housing and specialist disability accommodation.

If you or someone you know may be interested in learning more about St. Clare, please contact hello@stclarekew.com.au or visit stclarekew.com.au.



Image: Freepik.com

G'Day Line

If you are feeling socially isolated, the Australian Government has created a free national phone support service offering older people, anonymous, friendly chats with volunteers (8am to 8pm, seven days a week). The G'Day Line also connects callers to resources, information and social activities to alleviate the impact of loneliness and social isolation.

Call 1300 920 552.

Have your say

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