

# Disability Services, your way.



VMCH



# Jobs and Learning

## Skills for work

Job Skills programs run at our social enterprise learning hubs to help you achieve your goals alongside people who share your interests.

Our programs in horticulture, maintenance, hospitality and retail build real pathways for people with disability to find paid employment.

### Employment Pathways

When you are ready to take the next step, we'll help you find and keep a job at a VMCH social enterprise business or with a VMCH Employment Partner.

Our team will work with you to develop the skills and confidence to find a job and keep it, providing work experience and one-to-one support to find, apply and interview for paid work and while you learn the ropes at your new workplace.

### Our social enterprise businesses include:

- Cafés in Nunawading, Melbourne, Torquay and Wangaratta for hospitality training, as well as a mobile coffee van
- Green Team in Melbourne, Ararat, Shepparton and Wangaratta providing training in horticulture and maintenance
- Op Shops across Melbourne providing training in retail
- Cre8 Sheds in Sunshine, Melbourne, Shepparton and Wangaratta.

### School Leavers Employment Supports

(SLES) are available to young people transitioning from their final year, or for up to two years after you finish. We'll help you find, and keep, a job you love.



# Social and Community

## Skills for life and friendship

### Small group programs for life and friendship

Our Community Connections programs for children, teenagers and adults – run at our centres and out in the community – are designed to help you achieve your goals alongside people who share your interests.

Our Life Skills programs, part of Community Connections, are here to help you learn new skills, or build on those you're already passionate about. Our fun and educational activities are run in a safe and supportive environments, so all you need to do is focus on what you want to achieve – and we'll help you get there.

Activities are tailored around the interests of the group but could include, music making and dancing, cooking, budgeting, travel, going to the gym, the cinema, exercising, painting and creative arts, swimming, gardening, and much more.

Our groups have initiated small business ventures, including a car wash, recycling program and arts and crafts, giving them the opportunity to earn money and learn new skills. Visit our online store here: [shop.vmch.com.au](http://shop.vmch.com.au)

Programs are currently available in Wantirna, Mt Waverly, Sunshine, Ararat and Wangaratta.



# Home and Living

Supports to live independently at home, or with us

## Supported co-living

It's a big decision to move out and live independently. We have some great options for people with disability to live with other people and make a new home for themselves, with our support.

Our team take the time to match people together who have similar interests to create a happy household and make sure the transition to your new home is as smooth as possible.

We support residents to achieve their goals, while feeling safe and encouraged.

People require NDIS funding for **Supported Independent Living (SIL)** or **Specialist Disability Accommodation (SDA)**.



## Support in your home and in your community

Our support workers can help you live your life your way, whether at home or out in the community.

One-on-one support means you can join in activities with family and friends, either at home or elsewhere.

We pair you with the right person to meet your needs and can assist you with various tasks like personal care, meal preparation, cleaning, shopping, and attending recreational activities with friends.

# Support Coordination

Get the most out of your plan

Our Support Coordinators want you to get the best out of your NDIS plan, so we'll connect you to service providers who offer the best options matched to your needs.

We also have Tier 2 and 3 specialists available for people and families with more complex needs, and during times of crisis or situations when they are managing services across multiple organisations.



Our team of experts, who are based in Ararat, Melbourne, Shepparton and Wangaratta, are committed to working alongside you to get the right support, tailored to you.



# Early Learning and Therapy

## Supporting your child's development

**Our Early Learning and Therapy program offers specialist early childhood intervention therapy and allied health services for babies, children and young people with a disability or development delays.**

- Evidence-based, early intervention therapy and services delivered by a team of allied health therapists and education professionals
- Speech pathology, occupational therapy, psychology, physiotherapy, music therapy and specialist education for children up to 12 years old

- Short-term, goal-focused groups
- Developmental assessment clinic
- Peer support for parents and carers.

Our team members visit you at home to help build your child's daily living skills. They give you the information, resources and support you need to help your child learn, develop and reach their goals. We can also visit your child at primary school, childcare, preschool, kindergarten and before or after school care.

Our therapists are based in Kew, Melbourne and Wangaratta.



# St Paul's College

Catholic specialist school for children aged 5 to 18 years

St Paul's College is a Catholic specialist school for children with a wide range of intellectual, physical, profound multiple and sensory disabilities, autism and complex medical needs.

Our school has a range of educational, developmental and therapy programs that enables children to reach their full intellectual, physical, emotional and spiritual potential.

We are a small school, with around 55 students. This allows us to get to know each and every child and family and understand their educational needs.



## Carer Services

Caring for those who care for others

Our Carer Services are available for people caring for someone who may be living with a life changing condition including mental illness, dementia, disability, chronic illness, older people with care needs and people in palliative care.

Some of the services we offer include personal care, home care services, meal preparation, gardening, flexible respite in your home, social groups and events, and much more.

Carer Services are available for people living in Victoria (except for Wellington and East Gippsland regions).



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