### Entertainment Club



\$10 per day | \$6 per day for supported residents.

Keep boredom at bay with our Entertainment Club, offering on-demand movies, TV series and shows, live performances and learning/brain training fun!

### The Platinum Club

All-inclusive luxury.



\$35 per day | \$20 per day for supported residents.

Why choose when you can have it all? The Platinum Club combines the best of our Wellbeing, Indulgence, and Entertainment Clubs into one ultimate package.

- Comprehensive fitness and wellness: All the benefits of our Wellbeing and Fitness Club, from group classes to personal training and therapy sessions.
- Indulgence and pampering: Weekly hairdresser visits and treatments, complete with refreshments.
- Entertainment: Enjoy all the perks of our Entertainment Club.

### About VMCH

Our values underpin the work we do. As a Catholic, for-purpose organisation, love, joy, courage and hospitality aren't just words to us, they guide us in everything we do.

Our professional and compassionate teams are with you on your life journey; helping you with a wide range of support from early learning and therapy, specialist education, disability services, affordable homes, residential aged care, retirement living and at-home aged care.

### Contact details



1300 698 624 vmch.com.au

## VMCH

As a Catholic organisation, VMCH is committed to providing compassionate care in a nurturing environment to all residents and clients. VMCH does not support and will not facilitate Voluntary Assisted Dying.

Disclaimer: The information in this brochure has been prepared by VMCH (Villa Maria Catholic Homes) as a general guide to our services and operations. While every effort has been made to ensure accuracy, VMCH accepts no responsibility for any loss or inconvenience caused by reliance on the information set out in this brochure. Please contact us if you require detailed information about any of our services. September 2024

# Star of the Sea **Exclusive Club Services**

Elevate your experience.



# Exclusive Club Services

Elevate your experience at Star of the Sea with our premium packages, designed to enhance your wellbeing, comfort, and entertainment. Choose the perfect fit for you or your loved one and enjoy the very best we have to offer.





### Wellbeing and Fitness Club Invest in your health and vitality.



\$20 per day | \$10 per day for supported residents.

Discover a new level of wellness with our comprehensive fitness and therapy offerings. Tailored to keep you active, strong, and feeling your best.

- Access our state-of-the-art gym 24 hours a day
- Group fitness classes:
  - Strength and mobility
  - Falls fitness
  - Step aerobics
  - Personal Training: Receive individual attention with twice-weekly personal training sessions
- Physiotherapy: Tailored physiotherapy sessions twice per week
- Massage: Rejuvenate your body with a weekly massage.

### **Indulgence Club**



Pamper yourself in style.

\$20 per day | \$10 per day for supported residents.

Treat yourself to the finer things in life with our luxurious Indulgence Club. All sessions include a complimentary hot or cold drink and nibbles/cake.

- Weekly hairdresser appointment: Enjoy a weekly visit to our professional hairdresser
- Pamper session: Enjoy one visit per week from our range of indulgent treatments including manicures, pedicures, hand and feet treatments, facials, eyebrow shaping and tinting.