

Weekly Activity Calendar



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Early morning session 1	Bus outing	Gentle exercise	Walking group	Knit and natter	Walking group	Gentle exercises	Singing group
Early morning session 2	Walking group	Bingo	Chop and chat	Candy cart	Cooking class	Catholic mass	Rosary
	Morning tea	Morning tea	Morning tea	Morning tea	Morning tea	Morning tea	Morning tea
Late morning session 1	Candy cart	This day in history	Singing group	Walk with physio	This day in history	Bingo	Gentle exercises
Late morning session 2	Cooking class	Gardening gurus	Uniting Service	K9 circus	Trivia	Ball games	Bingo
	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Afternoon session 1	Physio exercises	Anglican services	Music concert	Mobile library	Hand pampering	Movie matinee	Candy cart
Afternoon session 2	Hand pampering	Movie night	Cheese and crackers	Hymn singing	Happy hour	Trivia	Movie matinee

Activity programs are subject to change.