

Weekly Activity Calendar



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Early morning session 1	Walking session	Exercise class	Exercise class	Exercise class	Exercise class	Individual visits	Exercise class
Early morning session 2	Exercise class	Board games	Animal therapy	Word games	Morning tea in the garden	Exercise class	Individual visits
	Morning tea	Morning tea	Morning tea	Morning tea	Morning tea	Morning tea	Morning tea
Late morning session 1	Rosary	Garden group	Baking	Bus trip	Mass	Arts and crafts	Bingo
Late morning session 2	Word games	Sing-a-long	Arts and crafts	Bingo	Sing-a-long	Word games	Lolly trolley
	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Afternoon session 1	Coffee club	Individual visits	Quoits	Coffee club	Quoits	Baking	Board games
Afternoon session 2	Arts and crafts	Crosswords	Lolly trolley	Individual visits	Garden group	Crosswords	Word games

Activity programs are subject to change.