

Your first  
session  
**FREE**



## Discover your community with VMCH

Are you a Knox resident over the age of 65?

Social Support Groups at White Road Community Centre offer opportunities to make friends and enjoy activities like flower arranging, games, bingo, and mini golf in the garden.

- Try your first session for free!
- Future sessions are only \$5 per day with CHSP funding.

Call **1300 698 624** or scan the QR code for more information.

[vmch.com.au/whiteroad](https://vmch.com.au/whiteroad)

