

Weekly Activity Calendar



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Early morning session 1	Gentle Exercise	Walking Group	Gentle Exercise	Craft Club	Morning Melodies	Rosary	Gentle Exercise
Early morning session 2	Bocce	Pampering	Card Games	Gentle Exercise	Documentary	Gentle Exercise	Mass
	Morning tea	Morning tea	Morning tea	Morning tea	Morning tea	Morning tea	Morning tea
Late morning session 1	Word Games	Craft Club	Word Games	Pampering	Bingo	Mass	Gardening
Late morning session 2	Singalong	Karaoke	Bingo	Mass with Communion	Bus Trip	Gardening	Rosary
	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Afternoon session 1	Cooking with the Chef	Coffee Club	Documentary	Happy Hour	Fresh Fruit Friday	1:1 Visits	Quiz
Afternoon session 2	Gardening	Room Visits	Men's Group	Quiz	Gardening	Walking Group	1:1 Visits

Activity programs are subject to change.