

Weekly Activity Calendar



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Early morning session 1	Gentle Exercise	Rosary	Gentle Exercise	School Choir Visit	Gentle Exercise		
Early morning session 2	Walking Group	Gentle Exercise	Musical Chapel	Gentle Exercise	Walking Group	Rosary	Mass
	Morning tea	Morning tea	Morning tea	Morning tea	Morning tea	Morning tea	Morning tea
Late morning session 1	Bingo	Floral Arranging	Kiosk	Arts & Crafts	1:1 Visits	Mass	Rosary
Late morning session 2	Tai Chi	Bus Trip	Feature Movie	Long Beach Walk	Entertainers' Hour	This Week in History	Classical Music Club
	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Afternoon session 1	Bus Trip	Men's Club	Bingo	Susie on Harp	Happy Hour	Bingo	Table Games
Afternoon session 2	Beach Walk	Musical Chapel	Entertainers' Hour	Afternoon Tea	Chair Dancing		

Activity programs are subject to change.