

Weekly Activity Calendar



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Early morning session 1	This Day in History	Gentle Exercise	Communion Service	K9 Circus	Arts & Crafts	Gentle Exercise	Songs of Praise
Early morning session 2	Walking Group	This Day in History	Exercise with Physio	1:1 Visits	Gentle Exercise	This Day in History	Rosary
	Morning tea	Morning tea	Morning tea	Morning tea	Morning tea	Morning tea	Morning tea
Late morning session 1	Uniting Service	Bingo	Entertainment with Julie	Shopping Trip	Community Café	Bingo	Table Games
Late morning session 2	Pool Games	Community Bar	Catholic Service	Music Therapy	Walking Group	Movie Matinee	Gentle Exercise
	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Afternoon session 1	Walk with Physio	1:1 Visits	Ball Games	Bingo	Happy Hour	Walking Group	Individual Visits
Afternoon session 2	Music Therapy	Walk with Physio	Trivia	Bus Outing	Library Services	Rosary	Movie Matinee

Activity programs are subject to change.