

# Commonwealth Home Support Programme (CHSP)



If you're needing assistance with everyday tasks and feel that a little support could improve your health and wellbeing, then the government-funded Commonwealth Home Support Programme (CHSP) could be right for you.

CHSP helps senior Australians access entry-level support so that you can live independently and safely at home.

We can help with ongoing services such as in-home personal care and domestic assistance, community access and social support. Plus, we can even help you to access to higher intensity support for a shorter term, such as respite for carers.

## How do I access CHSP?

The first step is to get in touch and we can help you get started. My Aged Care will organise the Regional Assessment Service (RAS) to talk to you about your needs and assess your eligibility.

Generally speaking, if you're an older person having trouble managing everyday tasks and activities, you are eligible for the program.

## What services can I arrange?

Lots of helpful services to help keep you happy, healthy and independent. We can support you with:

- Personal care (showering, dressing etc.)
- Domestic assistance and household tasks
- Respite
- Shopping, community access and social activities
- Meal preparation.

## What's the difference between CHSP and a Home Care Package (HCP)?

Both programmes are designed to help support you at home. CHSP offers services at a basic level of care and has a lower level of funding. A HCP offers a significantly larger amount of funding – up to around \$50,000 per year, and is delivered to meet the needs of people with higher care needs.

Many people start off with CHSP services while they wait for their HCP to be approved – a great way to stay at home for longer without the need for full-time care.



## Why we're different

VMCH has been around for a long time and we like to think of ourselves as experts at what we do. When you choose VMCH, you're choosing a reputable, Catholic, provider of quality care and services.

Our focus is on providing the very best in customer care and quality services so that you have less to worry about. Our customer team know how to navigate the complex aged care system and we walk you through it every step of the way. What makes them a bit special is their client-focused approach. We offer ongoing service, regular contact via phone and face-to-face visits. We also regularly review your services to make sure your needs and goals are being met.

We're an accredited provider of the CHSP programme and we're here to help.

## What does it cost?

As CHSP services are government funded, you will only be expected to make a co-payment for the services you use. CHSP is not means tested, you do not need an income assessment and your age pension will not be affected.

# Now that I'm a little older, I could do with a helping hand.



## About Us

**Here at VMCH, our services are as diverse as the people we support.**

Our values underpin the work we do. As a Catholic for-purpose organisation, compassion, respect and inclusion aren't just words to us, they guide us in everything we do.

While we've been around for over a century, we're always moving forward. We stay true to who we are by supporting people and families to live their best lives, providing a place to call home and spaces to learn and grow.

Our professional and compassionate teams are with you on your life journey. We provide a wide range of support from early learning and therapy, specialist education, disability services, affordable homes, residential aged care, retirement living and at-home aged care.

